

2011-2012 STATE OPEN, AGE & JUNIOR CHAMPIONSHIP LONG COURSE QUALIFYING TIMES

Male		8yrs/Un	9yrs	10yrs	11yrs	12yrs	13yrs	14yrs	15yrs	16yrs	17/18yr	Open
Freestyle	50m	0:45.00	0:42.00	0:38.00	0:36.00	0:33.50	0:30.30	0:29.30	0:28.60	0:28.10	0:27.50	0:26.20
	100m	1:47.00	1:41.00	1:22.00	1:17.00	1:12.00	1:06.00	1:04.10	1:01.60	1:00.50	0:59.70	0:57.50
	200m		3:31.00	3:04.00	2:42.00	2:36.00	2:28.20	2:23.90	2:19.10	2:17.40	2:14.30	2:08.70
	400m				6:13.00	5:44.00	5:14.70	5:02.70	4:55.90	4:50.70	4:43.90	4:32.30
	800m					11:51.00	10:58.40	10:25.30		9:59.70		9:28.70
	1500m						20:35.80	19:42.70		18:46.90		17:49.20
Backstroke	50m	0:53.00	0:50.00	0:46.00	0:44.00	0:41.00	0:36.20	0:34.50	0:33.60	0:32.90	0:32.30	0:31.30
	100m	1:58.00	1:52.00	1:34.00	1:29.00	1:24.00	1:16.50	1:12.90	1:11.00	1:09.60	1:08.20	1:06.50
	200m			3:26.00	3:06.00	2:55.00	2:50.50	2:42.20	2:38.50	2:35.70	2:32.20	2:26.30
Breaststroke	50m	0:58.00	0:55.00	0:51.00	0:49.00	0:46.00	0:40.40	0:38.40	0:37.30	0:36.90	0:36.30	0:34.70
	100m	2:16.00	2:07.00	1:48.00	1:43.00	1:36.00	1:26.90	1:22.50	1:20.30	1:19.20	1:18.10	1:15.60
	200m			3:59.00	3:33.00	3:18.00	3:15.00	3:04.70	3:02.40	2:57.30	2:55.60	2:47.20
Butterfly	50m	0:52.00	0:49.00	0:44.00	0:41.00	0:37.50	0:33.60	0:31.90	0:31.00	0:30.10	0:29.60	0:28.30
	100m		2:00.00	1:37.00	1:30.00	1:24.00	1:13.70	1:10.00	1:07.90	1:06.00	1:04.90	1:03.40
	200m				3:11.00	2:53.00	2:51.00	2:42.30	2:37.90	2:35.10	2:29.40	2:21.90
Ind. Medley	200m		4:05.00	3:40.00	3:15.00	2:55.00	2:49.90	2:43.10	2:39.60	2:36.20	2:33.40	2:27.40
	400m					6:28.00	6:10.50	5:43.80		5:27.80		5:11.30
Freestyle Relay	4x50m		3:12.00	2:47.00	2:30.00	2:21.00	2:12.00	2:07.00	2:05.00	2:02.00	2:00.00	1:50.00
	4x100m								4:26.00	4:23.00	4:16.00	3:59.00
	4x200m									9:29.00	9:17.00	8:48.00
Medley Relay	4x50m		3:43.00	3:20.00	2:54.00	2:41.00	2:31.00	2:24.00	2:21.00	2:17.00	2:15.00	2:05.00
	4x100m								4:52.00	4:49.00	4:44.00	4:30.00

2011-2012 STATE OPEN, AGE & CHAMPIONSHIP LONG COURSE QUALIFYING TIMES

Female		8yrs/Un	9yrs	10yrs	11yrs	12yrs	13yrs	14yrs	15yrs	16yrs	17/18	Open
Freestyle	50m	0:45.00	0:42.00	0:38.00	0:36.00	0:33.50	0:31.80	0:31.30	0:31.10	0:31.00	0:30.80	0:29.90
	100m	1:47.00	1:41.00	1:22.00	1:17.00	1:13.00	1:09.10	1:08.00	1:07.10	1:07.10	1:06.60	1:04.00
	200m		3:31.00	3:04.00	2:42.00	2:38.00	2:33.90	2:31.40	2:30.00	2:28.80	2:27.70	2:20.80
	400m				6:13.00	5:48.00	5:22.10	5:17.00	5:14.70	5:11.30	5:09.00	4:53.70
	800m					11:51.00	11:06.90	10:51.00		10:34.50		9:56.20
	1500m						21:41.40	21:11.20		20:38.10		19:31.50
Backstroke	50m	0:53.00	0:50.00	0:46.00	0:44.00	0:41.00	0:37.30	0:36.70	0:36.60	0:36.60	0:36.30	0:34.80
	100m	1:58.00	1:52.00	1:34.00	1:29.00	1:24.00	1:18.70	1:17.30	1:17.00	1:17.00	1:16.50	1:13.70
	200m			3:26.00	3:06.00	2:55.00	2:53.30	2:50.50	2:49.90	2:49.30	2:48.80	2:39.50
Breaststroke	50m	0:58.00	0:55.00	0:51.00	0:49.00	0:46.00	0:41.80	0:41.50	0:41.30	0:41.20	0:40.60	0:39.10
	100m	2:16.00	2:07.00	1:48.00	1:43.00	1:37.00	1:29.60	1:28.70	1:28.30	1:28.00	1:26.90	1:24.30
	200m			3:59.00	3:33.00	3:20.00	3:18.60	3:16.70	3:15.60	3:15.00	3:12.70	3:02.60
Butterfly	50m	0:52.00	0:49.00	0:44.00	0:41.00	0:38.50	0:34.60	0:34.10	0:33.80	0:33.60	0:33.50	0:32.40
	100m		2:00.00	1:37.00	1:30.00	1:25.00	1:15.90	1:15.10	1:14.30	1:13.70	1:13.50	1:10.90
	200m				3:11.00	3:00.00	2:55.60	2:53.90	2:48.80	2:48.20	2:47.60	2:38.40
Ind. Medley	200m		4:05.00	3:40.00	3:15.00	2:57.00	2:54.50	2:52.20	2:50.50	2:49.90	2:48.80	2:41.70
	400m					6:32.00	6:16.20	6:05.50		5:56.30		5:35.50
Freestyle Relay	4x50m		3:12.00	2:47.00	2:30.00	2:21.00	2:16.00	2:14.00	2:13.00	2:13.00	2:13.00	2:09.00
	4x100m								4:50.00	4:47.00	4:47.00	4:34.00
	4x200m									10:16.00	10:10.00	9:38.00
Medley Relay	4x50m		3:43.00	3:20.00	2:54.00	2:41.00	2:33.00	2:30.00	2:30.00	2:30.00	2:29.00	2:21.00
	4x100m								5:20.00	5:17.00	5:14.00	5:03.00

2011-2012 'AA' LONG COURSE QUALIFYING TIMES

Male		8yrs/Un	9yrs	10yrs	11yrs	12yrs	13yrs	14yrs	15yrs	16yrs	17/18yr	Open
Freestyle	50m	0:49.00	0:46.00	0:40.00	0:39.00	0:36.00	0:31.40	0:30.40	0:29.70	0:29.10	0:28.50	0:26.80
	100m	1:58.00	1:51.00	1:28.00	1:25.00	1:19.00	1:08.40	1:06.40	1:03.90	1:02.70	1:01.80	0:59.60
	200m		3:53.00	3:26.00	2:58.00	2:45.00	2:33.50	2:29.00	2:24.00	2:22.20	2:19.10	2:13.40
	400m				6:50.00	5:45.00	5:25.70	5:13.40	5:06.30	5:01.00	4:53.90	4:42.20
	800m					12:52.00	11:21.50	10:55.00	10:39.60	10:29.00	10:12.50	9:49.40
	1500m						21:19.20	20:33.20	20:15.50	19:30.60	19:22.40	18:28.10
Backstroke	50m	0:58.00	0:55.00	0:49.00	0:48.00	0:45.00	0:37.60	0:35.70	0:34.80	0:34.10	0:33.50	0:32.10
	100m	2:10.00	2:02.00	1:40.00	1:37.00	1:32.00	1:19.30	1:15.50	1:13.60	1:12.10	1:10.70	1:08.90
	200m			3:49.00	3:20.00	3:09.00	2:56.50	2:47.90	2:44.10	2:41.10	2:37.60	2:31.70
Breaststroke	50m	1:04.00	1:00.00	0:55.00	0:53.00	0:50.00	0:41.90	0:39.80	0:38.70	0:38.20	0:37.70	0:35.50
	100m	2:27.00	2:18.00	1:57.00	1:52.00	1:46.00	1:30.10	1:25.50	1:23.30	1:22.10	1:21.00	1:18.40
	200m			4:15.00	3:49.00	3:36.00	3:21.80	3:11.20	3:08.90	3:03.50	3:01.80	2:53.30
Butterfly	50m	0:58.00	0:55.00	0:49.00	0:46.00	0:41.00	0:34.80	0:33.10	0:32.10	0:31.20	0:30.70	0:29.00
	100m		2:12.00	1:47.00	1:40.00	1:35.00	1:16.40	1:12.60	1:10.40	1:08.40	1:07.30	1:05.80
	200m			3:38.00	3:15.00	2:57.10	2:48.00	2:43.50	2:40.50	2:34.60	2:27.10	
Ind. Medley	200m		4:20.00	3:50.00	3:25.00	3:07.00	2:55.90	2:48.80	2:45.30	2:41.70	2:38.80	2:32.80
	400m				6:54.00	6:23.60	6:00.00	5:51.70	5:42.30	5:36.40	5:22.70	
Freestyle Relay	4x50m		3:29.00	3:04.00	2:43.00	2:31.00	2:16.00	2:11.00	2:09.00	2:07.00	2:04.00	1:54.00
	4x100m								4:35.00	4:32.00	4:25.00	4:08.00
	4x200m									9:49.00	9:36.00	9:08.00
Medley Relay	4x50m		4:04.00	3:38.00	3:12.00	2:58.00	2:36.00	2:29.00	2:26.00	2:22.00	2:20.00	2:09.00
	4x100m								5:03.00	4:59.00	4:54.00	4:40.00

Use the 'AA' times for the HFMF Distance Meet, Metropolitan Championships & End of Summer Sensation Swim Meets

2011-2012 'AA' LONG COURSE QUALIFYING TIMES

Female		8yrs/Un	9yrs	10yrs	11yrs	12yrs	13yrs	14yrs	15yrs	16yrs	17/18yr	Open
Freestyle	50m	0:49.00	0:46.00	0:40.00	0:39.00	0:36.00	0:33.00	0:32.40	0:32.20	0:32.10	0:32.00	0:30.60
	100m	1:58.00	1:51.00	1:28.00	1:25.00	1:19.00	1:11.60	1:10.50	1:09.60	1:09.60	1:09.00	1:06.40
	200m		3:53.00	3:26.00	2:58.00	2:45.00	2:39.40	2:36.80	2:35.20	2:34.00	2:32.90	2:26.00
	400m				6:50.00	5:45.00	5:33.40	5:28.10	5:25.70	5:22.20	5:19.80	5:04.40
	800m					12:52.00	11:30.40	11:18.60	11:09.10	11:03.20	10:50.30	10:17.90
	1500m						22:53.60	22:10.00	21:41.60	21:33.40	21:09.80	20:14.10
Backstroke	50m	0:58.00	0:55.00	0:49.00	0:48.00	0:45.00	0:38.70	0:38.00	0:37.90	0:37.90	0:37.70	0:35.60
	100m	2:10.00	2:02.00	1:40.00	1:37.00	1:32.00	1:21.60	1:20.10	1:19.80	1:19.80	1:19.30	1:16.40
	200m			3:49.00	3:20.00	3:09.00	2:59.40	2:56.50	2:55.90	2:55.30	2:54.70	2:45.30
Breaststroke	50m	1:04.00	1:00.00	0:55.00	0:53.00	0:50.00	0:43.40	0:43.00	0:42.80	0:42.70	0:42.10	0:40.00
	100m	2:27.00	2:18.00	1:57.00	1:52.00	1:46.00	1:32.80	1:31.90	1:31.50	1:31.20	1:30.10	1:27.40
	200m			4:15.00	3:49.00	3:36.00	3:25.60	3:23.60	3:22.40	3:21.80	3:19.50	3:09.30
Butterfly	50m	0:58.00	0:55.00	0:49.00	0:46.00	0:41.00	0:35.80	0:35.40	0:35.00	0:34.80	0:34.70	0:33.20
	100m		2:12.00	1:47.00	1:40.00	1:35.00	1:18.70	1:17.80	1:17.00	1:16.40	1:16.20	1:13.50
	200m				3:38.00	3:15.00	3:01.80	3:00.00	2:54.70	2:54.10	2:53.50	2:44.20
Ind. Medley	200m		4:20.00	3:50.00	3:25.00	3:07.00	3:00.60	2:58.20	2:56.50	2:55.90	2:54.70	2:47.60
	400m					6:54.00	6:29.50	6:21.20	6:15.30	6:11.80	6:05.90	5:47.70
Freestyle Relay	4x50m		3:29.00	3:04.00	2:43.00	2:31.00	2:21.00	2:19.00	2:17.00	2:17.00	2:17.00	2:14.00
	4x100m								5:00.00	4:57.00	4:57.00	4:44.00
	4x200m									10:38.00	10:32.00	9:59.00
Medley Relay	4x50m		4:04.00	3:38.00	3:12.00	2:58.00	2:39.00	2:35.00	2:35.00	2:35.00	2:34.00	2:26.00
	4x100m								5:31.00	5:29.00	5:25.00	5:14.00

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